Dear Parents and Guardians,

What a great way to start a working day………..”Breakfast with the Preps.” Such excitement on the faces of our Prep Students last Friday morning as they came to school extra early to enjoy a healthy breakfast. The students enjoyed a menu of healthy treats such as fresh fruit, golden toast and fresh juices. The breakfast reinforced to the students their learning of the importance of a well balanced diet and having a healthy meal to start the learning day. I would like to thank all staff involved in making the breakfast such a success and to all our families that supported the event.

ANNUAL GENERAL MEETING:

Just a reminder that our 2013 Annual General Meeting will be held on Monday 18th March at 7.00pm.

The main item for business is the presentation of our 2011 Annual Report. This meeting is open to all members of our community. If you are interested in attending please contact our Office, and a copy of the Agenda and 2012 Annual Report will be issued to you. A copy of the Annual Report will be available on our website (www.westbreenps.vic.edu.au) or for collection at the school office from Wednesday 20st March.

Cyberbullying

On the odd occasion I have had conversations with Parents regarding the use of the internet, mobile phones and technology in the Education process of their child. The fear of “cyberbullying” is a topic of high concern to Parents. Below are a few tips for Parents in an attempt to decrease the opportunity of “cyberbullying.”

- **Talk to your child** about cyberbullying before it happens. Work out strategies to address cyberbullying that you are both comfortable with, so your child knows what to expect if they do report their concerns to you.
- **Establish one or two** other trusted adults your child is comfortable to approach about their concerns.
- **Be aware of what your child** is doing online and explore it with them.
- Try to **locate the computer in a shared** or visible place in the home.
- **Discuss the kinds of sites** that are okay to explore and those that are not, and have clear rules about online activities.
- **Help your child to block anyone** who sends offensive content. Most social networking services allow users to block and report someone who is behaving badly.

Have a wonderful week

*Tony Cerra*

Principal.

### STUDENT OF THE WEEK

**WEEK ENDING 13<sup>th</sup> March, 2013**

<table>
<thead>
<tr>
<th>P D</th>
<th>Majd A</th>
<th>For trying her best during literacy groups. Great alphabet matching!</th>
</tr>
</thead>
<tbody>
<tr>
<td>P K</td>
<td>Billy A</td>
<td>For always trying his best. Well done!</td>
</tr>
<tr>
<td>1 2B</td>
<td>Payman S</td>
<td>For working very well during Reading group activities.</td>
</tr>
<tr>
<td>1 2L</td>
<td>Lara B</td>
<td>For always giving 100% in all set tasks.</td>
</tr>
<tr>
<td>1 2P</td>
<td>Sundas H</td>
<td>For improving her listening skills</td>
</tr>
<tr>
<td>3 4A</td>
<td>Taqwa A</td>
<td>For giving 100% and helping others.</td>
</tr>
<tr>
<td>3 4W</td>
<td>Ally R</td>
<td>For making a great effort to complete tasks well! Good work!</td>
</tr>
<tr>
<td>5 6A</td>
<td>Shaymaa G</td>
<td>For her outstanding bookwork in all subject areas. Well done!</td>
</tr>
<tr>
<td>5 6C</td>
<td>Rayan K</td>
<td>For showing maturity when dealing with distractions in the class.</td>
</tr>
</tbody>
</table>

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**Thursday 28<sup>th</sup> March**

**DON’T FORGET LAST DAY OF Term 1**

**FINISHING AT 2:15PM**
TRASH AND TREASURE
STALL on

Thursday MARCH 28
Do you have any toys, games, books or stationery in good condition that you no longer want?

If so, bring them along to school before the day and put them in the boxes in the corridor outside Ms. Wileman’s room.

All money raised will go to the Royal Children’s Hospital Good Friday Appeal
(Prices range from 50 cents to $5)

CASUAL DRESS DAY on

Thursday March 28
All money raised will go to the Royal Children’s Hospital Good Friday Appeal

$2 donation
(No sleeveless tops, sensible shoes, no make-up)
**MUSIC CONCERT**

There will be two music concerts held to celebrate the end of term one 2013.

There will be an EARLY YEARS mini concert held in the Early Years Centre on **Wednesday the 20th of March at 2.15 pm.**

The young musicians performing on the 20th of March will be:


**On the 21st of March (Thursday)** our two school bands and a few soloists will be performing outside the office area at lunchtime at **11.15 am.**

The students involved on the 21st are:

- Keyboard Soloists: Sienna, Aliyah, Teodora, Jea.
- Guitar: WPS Rockers Liam, Chris A, Jordi, Aia, Adem K. Westbreen Wonders Montana, Chris P, Kartika, Emily, Jessica, Stephanie, Randa

**Nude Food**

Tuesdays and Thursdays are Nude Food days at Westbreen.

We encourage our students to bring their food and drinks in reusable containers to help to reduce the amount of rubbish.

Thank you for your cooperation.

Here are two of our Prep students who have nude food.

Each week the class with the most number of students with nude food receives a certificate at assembly and they also get to have Nude Food Dude in their classroom for the week.

**This week’s winners are 5/6A.**

Well done and keep up the great work!
LAST DAY IS TODAY FOR Premier’s active families challenge

Help our school win sports gear!

The Premiers Active Families Challenge is on again, and our school has the chance to win up to $1000 of sports gear and sports clinics with high profile sporting personalities. All you have to do is get active and have fun with your family!

Take the challenge and do 30 minutes of physical activity a day for 30 days between 4 March – 14 April. The more students who register from our school, the more chances we have to win.

Just by registering you and your family will receive special offers, including:

- 15% off at Rebel Sport
- 20 free YMCA passes
- One free child pass to National Sport Museum
- One free child pass to Melbourne Aquarium.
- Plus go in the draw to win Rebel Vouchers and iPads!

Anyone can register, so get your friends and family to take the Challenge too.

Get more active more often, spend quality time together and have fun. It’s free, it’s easy, and there are plenty of chances to win!

Register online at www.betterhealth.vic.gov.au/challenge or call 1800 463 684, and remember to include our school’s name when you register.
Do you have lice….or do you know someone that does? Have you, like thousands of other families tried to get rid of head lice yourself only to find that your children still has lice?? Don’t panic, we can help you with ONE quick head lice treatment and you are DONE!

ITCH NO MORE offers VICTORIAN families an innovative method of eradicating lice. A ONCE-OFF SINGLE 30 minute CHEMICAL-FREE head lice treatment and NO follow-up treatments required.

LOUSEBUSTER ™ HEAD LICE HEAT TREATMENT
DEHYDRATES and KILLS ALL STAGES of head lice and their EGGS with CONTROLLED heated air!
That is right only ONE treatment and you are done
NO more lice and NO more stress
We are the only head lice service in Melbourne – Victoria that offers a SINGLE guaranteed treatment

For many parents, finding out that their children have head lice is a horrifying experience. They develop extreme anxiety and, in a panic, they will rush to the store to purchase some commercialized chemical head lice treatments. These treatments have been used for decades and have become commonplace in society’s mind for treating head lice. Victorian families have an EFFECTIVE ALTERNATIVE to eradicate lice that does not expose you or your children to potentially harmful pesticides or other chemicals as technology has made every aspect of our lives easier and finally technology has given us a much better approach to lice treatment.

Our treatment is the most effective way and the BEST SOLUTION to treat head lice by dehydrating the head lice and their eggs with controlled heated air, a thorough comb-out and you are LICE FREE. We also provide you with easy instructions on how to clean your house and teach you how to detect and prevent lice in the future.

By the time most families come to ITCH NO MORE, they have tried several treatments to get rid of their lice situation on their own. They have already done a tremendous amount of house cleaning and have tried and re-tried the pesticide pharmacy treatments and a variety of home remedies. After spending so much time and wasting their hard earned money on treatments, they still haven’t conquered their head lice infestation and leaving them very frustrated and desperate for their lice problem to be over. Many clients have used home remedies such as olive oil, mayonnaise, vinegar and Listerine in desperation for something to work. Live lice can and often will survive using these home remedies and most of these treatments have no effect on nits (lice eggs).

So stop struggling and wasting your time and money on head lice treatments that aren’t working.

Call ITCH NO MORE today as we can help you and your family with ONE treatment only.

Email: michele.itchnomore@yahoo.com.au  Website: www.itchnomore.com.au
Telephone Michele on 0404 345 474 for a mobile service
Glenroy College School Tours

Come for a school tour to see what it’s like at Glenroy College

Every Thursday at 9.30

Book at the General Office on 9304 0400 or email on glenroy.sc@edumail.vic.gov.au
# Westbreen Primary School

2-10 Pascoe Street  
Pascoe Vale 3044  
Phone: 9306 9481  
Fax: 9304 1391  
E-mail: westbreen.ps@edumail.vic.gov.au  
Website: www.westbreenps.vic.edu.au

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## Notices Sent Home

- **3/4 Easter excursion**
- **3/4 Polly Woodside excursion**

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### February & March 2013

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
</table>
| 10th Mar | 11th Mar Public Holiday  
Labor Day  
No Students at School | 12th Mar  
Healthy Eating  
& Nutrition  
9:15 Family Time  
Parents & Friends meeting | 13th Mar  
14th Mar  
2013 Triskills | 15th Mar  
Interschool sport  
home Playgroup | 16th Mar |
| 17th Mar | 18th Mar  
AGM School Council | 19th Mar  
3/4 excursion  
Easter Event | 20th Mar  
Family Time | 21st Mar  
2013 Triskills  
Prep Special person day. | 22nd Mar  
Interschool sport  
Finals Playgroup | 23rd Mar |
| 24th Mar | 25th Mar  
| 26th Mar  
| 27th Mar  
Family time  
Easter Hunt  
Polly Woodside for 3/4 Excursion | 28th Mar  
Last day for Term 1  
finishing at 2:15pm | 29th Mar  
| 30th Mar |

**School Holidays**

| 1st Apr  
| 2nd Apr  
| 3rd Apr  
| 4th Apr  
| 5th Apr  
| 6th Apr  
| 7th Apr  
| 8th Apr  
| 9th Apr  
| 10th Apr  
| 11th Apr  
| 12th Apr  
| 13th Apr  
| 14th Apr  
| 15th Apr  
| 16th Apr  
| 17th Apr  
Family Time  
| 18th Apr  
| 19th Apr  
Playgroup  
| 20th Apr |