Dear Parents and Guardians,

**Self-Efficacy**

Children and “self-esteem” is mentioned regularly in the media, however, a better word is “self-efficacy” which is a term used by psychologists and refers to a person’s belief in his/ her own competence. Sense of self-efficacy can play a major role in how one approaches goals, tasks and challenges.

**What can we do to encourage development of self-efficacy?**

Provide many opportunities to discover capabilities by enrolling in sports and activities (gentle pressure and encouragement may sometimes be necessary, for uncertain children)

Encourage children to make decisions & seek alternatives (don’t always give the answers)

Engage in pre-planning, healthy debate and problem solving discussions at home (this can reduce the stress around tasks)

Provide kind feedback on how to accept weaknesses or learn from mistakes

Teach the importance of self-praise (not reliance on parents, teachers or friends to feel good about something they have done)

Pursue occasions to give to the community (looking outward takes the focus off the ‘self’)

**What could we avoid doing or saying?**

- Don’t take away natural consequences for poor choices
- Don’t do everything for your child all the time - encourage help around the home
- Don’t re-do their jobs eg. re-make their bed if it is not ‘perfect’
- Discourage use of ‘victim’ language; I’m so dumb, no-one likes me, it always happens to me
- Develop a family habit of praising the process rather than focusing on the end result
- Our School Values of *(Responsibility, Respect, Achievement, Care & Compassion and Co-operation)* are founded on the Principle of Self Efficacy. When students have a positive sense of Self Efficacy their sense of learning, belonging and citizenship is higher.
MID YEAR REPORTS ~ THREE WAY CONFERENCES:
As previously mentioned, Tuesday June 23 is allocated to our Three Way Conferences and as such students do not attend school on this day but are encouraged to attend the “Three Way Conference.” These conferences play a very important role in the communication between parents, teachers and students regarding the learning that has occurred to date and future learning plans. Confirmed Conference Times and Student Mid-Year Reports will be distributed tomorrow Friday 19 June.

School Web Site:
Our school web site has a wealth of information relating to our school. Programs implemented, future activities, services provided and key documents concerning school performance, future directions and Annual Reports. Our web site is updated on a weekly basis including the weekly Newsletter. Our web site can be accessed by using the following web address.
www.westbreenps.vic.edu.au

Traffic Concerns

Sorry to be the traffic warden! Every effort is made to follow traffic rules to protect our children and to reside in harmony with our neighbours. It is disappointing when we receive a number of phone calls to the school office and a number of reports of parents not following the designated traffic rules, particularly in Pascoe and West Streets. It is extremely dangerous and illegal to park across driveways and to complete a u – turn over solid white lines. Please think safety and courtesy when dropping off and picking up children. Please note that traffic officers from time to time patrol the streets surrounding our school to enforce infringement notices to offending motorists.

Have a wonderful week
Tony Cerra
Principal

CSEF PAYMENT

Don’t miss out on applying for CSEF payment of $125.00 per student so if you have a Health care card you might be eligible enquire at the office as closing date is 26/6/15 no late application can be excepted.

PARENT & FRIENDS ASSOCIATION

Up Coming Events
Bunning Sausage Sizzle 19th July 2015 and Parents & Friends meeting is on

Helpers needed 8:00am to 11:00am, 11:00am to 2:00pm and 2:00pm to 5:00pm. Forms are available from the office if you can help. More hands make light work.
# STUDENT OF THE WEEK

**WEEK ENDING 17th June 2015**

<table>
<thead>
<tr>
<th>Class</th>
<th>Name</th>
<th>Reason</th>
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<tbody>
<tr>
<td>FA</td>
<td>Yaakoub S</td>
<td>For trying his best and improving his behavior.</td>
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<tr>
<td>FD</td>
<td>Mustapha T</td>
<td>For being a responsible class member and trying his best. Well done!</td>
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<td>FV</td>
<td>Shahzil K</td>
<td>For putting lots of effort into learning new words. Well done!</td>
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<td>1 2B</td>
<td>Ryan T</td>
<td>For always putting in 100% to all his classwork. Keep up the good work!</td>
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<td>1 2M</td>
<td>Kuzey D</td>
<td>For his excellent effort on publishing an awesome information report on</td>
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<td>the great white shark and making a diorama of its habitat.</td>
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<td>1 2T</td>
<td>Shaheer H</td>
<td>For trying hard with all his work. Well done!</td>
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<tr>
<td>3 4C</td>
<td>Ava T</td>
<td>For always trying her best. Keep it up!</td>
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<td>3 4M</td>
<td>Ben C</td>
<td>For making a great effort to complete tasks well. Well done Ben!</td>
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<tr>
<td>4 5C</td>
<td>Natasha S</td>
<td>For always trying her best. Keep up the good work!</td>
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<tr>
<td>5 6A</td>
<td>Ayman E</td>
<td>For making great progress math’s this term.</td>
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<td>5 6O</td>
<td>Michael P</td>
<td>For excellent work and perseverance when writing his Prep to Grade 5</td>
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<td>memories.</td>
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**PREMIER’S READING CHALLENGE**

Just a reminder for all children who have signed up for the Premier’s Reading Challenge to keep up with your reading and to make sure that your books are entered on the computer. **Many children who have signed up for the Challenge have still not entered any books.**

Remember that children from grades Foundation – 2 must read 30 books, of which at least 20 must be Challenge titles. (Parents can read the books to the Foundation – 2 children). The children from grades 3 – 6 must read 15 books, of which at least 10 must be Challenge titles.

Congratulations to Kyochre V from FV and Keira D from 1/2B for completing the Premier’s Reading Challenge.
Extend OSHC at Westbreen Primary School

HAVE YOU SAVED THE SERVICE MOBILE NUMBER IN YOUR CONTACTS?
Did you know you can contact your service directly? If you are running late or need to speak with our staff directly, you can contact the service mobile number which is switched on during the service operation hours. Please visit your service to save this number in your contacts for easy access. Note: for all admin related enquiries please contact our head office on 1300 366 437.

At After School Care this week we have made some interesting and cool activities with the new art and craft materials I have purchased. The Kids made beautiful drawings, Frozen Colouring-ins and yummy Pizza Sandwich's which are always requested and loved by the kids.

I would also like to wish everyone fasting in the month of Ramadan to have a blessed month!

Thank you to all the parent's and children for returning back the “Extend ASC Survey”; I will be doing more cool activities in the upcoming weeks based on these.

Also, don't forget to bring your warm jackets for the cold outdoors kids!

Looking forward to continuing the awesome fun next week!

- Aysun Kiris

Next week’s activities:
Monday 22nd June: Indoor Sports & Creations
Tuesday 23rd June: Pupil Free Day! (No ASC)
Wednesday 24th June: Outdoor Playground
Thursday 25th June: Art & Craft Activities
Friday 26th June: Last day of Term 2!
FAMILY TIME

Come and join us for Family Time next Wednesday in the Library 3.15-4.15pm.

Our activity for the week will be:

**POPCORN AND A SHORT MOVIE**

**All students are welcome and must be accompanied by a parent or adult carer**

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**HIDDEN SHAPES**

Study the figure below to see if you can find each of the following shapes:
1. a cone
2. a cube
3. a cylinder
4. a square pyramid
5. a perfect 5-pointed star
6. a rectangular prism

Use a different coloured pen or pencil to trace each shape.
Westbreen Primary School’s

UNIFORM-FREE DAY

Thursday June 25th

$2 donation

All money collected will go to assist research to prevent cot death (S.I.D.S.).

Please choose appropriate clothing and shoes to wear on this day. No make-up.
MERMAID SEAFOOD

SHOP 33 ROXBURGH PARK SHOPPING CENTRE 250 SOMERTON RD ROXBURGH PARK 3062
ph 8339 0165

Spend $25 or more on one transaction to receive half a kilo of calamari rings for FREE.
Not in conjunction with other offers.
Valid only Thursdays, Fridays, Saturdays

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FESTIVAL OF HOPE
WORLD REFUGEE DAY 20.06.2015 Brunswick Town Hall

Arts Hub visual art
Workshops ‘Community Mandala’ Activism

Advocacy Workshops
Free Multicultural Dance Classes

AFROVIVAL
KOFI KUNKPE
Brunswick Women’s Choir

Free Henna Art and Face Painting

Moreland City Council
AMNESTY INTERNATIONAL
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<td>23rd Pupil Free Day ‘Three Way Conferences’</td>
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<td>Family time 3:15 to 4:15</td>
<td>25th Grade 3/4 open session 2:45 to 3:10pm</td>
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<td>23rd 4/5/6 Excursion</td>
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