Dear Parents and Guardians

**EDUCATION WEEK:**
Thank you to all the parents, family members and friends who attended our Open Morning yesterday. It was extremely pleasing to see so many community members visiting classrooms and sharing morning tea with staff. At Westbreen we value the support of our parents and family members who contribute to helping us make our school the very best learning environment for our students. I was extremely impressed with all the students. The various performances and presentations were a highlight of the Open Morning.

The highlight of the morning was a visit by Lorin Nicholson. Lorin was declared legally blind at the age of four however he is determined not to let his disabilities exclude him from living a full and meaningful life. His presentation and approach to motivational speaking is unique, original and fresh. He shared his inspirational insights and profound messages with entertainment and humour. His presentation had a strong focus:

- Positive choice & attitude
- Overcoming negativity & Peer Pressure
- Teasing / Bullying
- Respect & Inclusion
- Resilience & Perseverance
- Confidence & Self Esteem
- Setting & Achieving goals

It was truly an honour to have Lorin visit and present to our school community. His life journey is truly inspirational and I am sure that every member in our community was inspired by his story.

Special thanks to Ms da Silva and her team (Mr Daly, Mrs Delacoe, Mrs Quinn & Ms Michelle) for organising our Education Week activities.
THE PARTNERSHIP BETWEEN HOME & SCHOOL:
As we approach the half way mark of Term Two I thought it appropriate that we reflect on the partnership between the Home and our School.

Both Parents and Teachers want the same thing for our children – the best possible education. When we work together we can make a strong team. Here are some ways you can help the school do a better job:

- See that your child attends regularly
- Support the school in its efforts to maintain proper discipline and demonstrate our Values – RESPECT, RESPONSIBILITY, ACIEVEMENT, CARE & COMPASSION, CO-OPERATION.
- Be aware of what your child is learning in school
- Let us know if your child has any problems outside of school that might affect his or her school work

If you have any concerns or questions about any aspect of our school program, share them with us. Your child’s teacher can give you the information you want.

Children who believe in their own worth are able to face the challenges of school. They are not afraid to make an occasional mistake. By letting your children know that you have confidence in them, you’re giving them the confidence that will help them have a successful school experience.

One important way to help your children in school is to make sure they eat a good breakfast. Children who skip breakfast usually don’t get any food energy until several hours late. A healthy breakfast will assist them to be a more energised learner.

Have a wonderful week

Tony Cerra
Principal.

Here’s a great interactive way to teach your young child who to call in an emergency. Jump on to your computer, type in this link http://kids.triplezero.gov.au/ and play along with your child. Here they can learn about safety messages and hear what happens when you call Triple Zero. We would all be aware of various documented stories about young children contacting 000, and summoning medical assistance and the like – to save the life of an adult. A fun way for kids to learn the importance of when and why to ring 000.
STUDENT OF THE WEEK
WEEK ENDING 22\textsuperscript{nd} May 2013

<table>
<thead>
<tr>
<th>Class</th>
<th>Name</th>
<th>Reason</th>
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<tbody>
<tr>
<td>PD</td>
<td>Jackson R</td>
<td>For listening carefully during story time and trying his best to complete his work. Well done!</td>
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<tr>
<td>PK</td>
<td>Billy A</td>
<td>For being a responsible class member.</td>
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<tr>
<td>1 2B</td>
<td>Alyah F</td>
<td>For the honesty she has shown by handing in money she has found in the yard and taking responsibility for her actions.</td>
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<tr>
<td>1 2L</td>
<td>Hamza D</td>
<td>For taking extra care with his writing. Well done Hamza!</td>
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<tr>
<td>1 2P</td>
<td>Adem K</td>
<td>For trying his best during Math’s this week. Great work!</td>
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<tr>
<td>3 4A</td>
<td>Alex Q</td>
<td>For putting lots of effort into his learning and helping others.</td>
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<tr>
<td>3 4W</td>
<td>Geetanshika S</td>
<td>For being the first student at Westbreen to complete the Premier's Reading Challenge! A fantastic effort.</td>
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<tr>
<td>5 6A</td>
<td>Phoebe B</td>
<td>For being responsible and taking peer mediation seriously. Well done!</td>
</tr>
<tr>
<td>5 6C</td>
<td>Adem K</td>
<td>For giving 100% at all times.</td>
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Nude Food

This week’s winners are Prep D.
Well done and keep up the great work! 😊
GUS

Gus was a really good boy. I read him “Kiss Kiss” and he really liked it! He let me pat him and he also wanted to climb on me. It was really funny!  
DANIA 3/4

Gus was paying attention to me. He was very patient. He is very nice. He was a bit funny when he was listening to me. Thank you Gus!  
ABDUL 3/4

I think that Gus liked the story I read. I think that he was funny and cute when I was reading to him.  
SIENNA 3/4

Gus is so cute and funny. He sneezed! It would have come on us, but it didn’t. He loved the story as well.  
KAWSAR 3/4

HEALTHY LUNCH BOX RECIPE’S

Zucchini slice recipe

Serving Size: 4
Ingredients:
• 375g zucchini
• 1 onion
• 1 cup self-raising flour
• 5 eggs
• 3 rashes bacon
• 1 cup grated cheddar
• 1/2 cup oil
• salt and pepper
Method:
Grate zucchini coarsely
Finely chop onion and bacon.
Combine zucchini, onion, bacon, cheese, sifted flour, oil & lighly beaten eggs. Season with salt and pepper and poor into well-greased lamington tin.
Bake in moderate oven for 30 to 40 min or until browned
Happiness in Life!

We all want happiness and well-being for a good life.

But life can be stressful!

It brings challenges both good and bad that involve pain, loss, stress, worry and more.

So what can we do to cope better?

How can we bring more joy, fulfilment and well-being into life?

Women from
Assyrian, Chaldean and Arabic speaking backgrounds
Are warmly invited to a

Fun, free and educational 2-hour talk about well-being on

Thursday, 30th May 2013, 10am -12.00pm

- Tell us what wellbeing means to you!
- Share and learn helpful ways to look after your well-being and how to reduce stress and worry for more happiness in life!

The Brunswick Women’s Theatre will be there to make it more enjoyable.

You can bring a friend or make new friends there! Interpreters and a free morning tea will be provided.

Places are limited. Ring Doris or Mesko before 27th May 2013

WHEN: Thursday, 30th May 2013, 10am -12.00pm
WHERE: Lynda Blundell Community Centre, 185 – 225 Blair Street, Dallas (Broadmeadows)

WHO: Mesko Ayoub, Victorian Arabic Social Services Tel: 9359 2862
Doris Sant, Shared Care. Tel: 83719800 doris_sant@mhs.org.au
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<tr>
<th>Sunday</th>
<th>Monday</th>
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<tbody>
<tr>
<td>19th May</td>
<td>20th May School Council</td>
<td>21st May Excursion to Thomastown library for Grade 3/4</td>
<td>22nd May Family Time Excursion Lego Blonde 3/6</td>
<td>23rd May Multicultural Dinner 5.30 pm – 7.30 pm Parents &amp; Friend meeting 2:15pm</td>
<td>24th May Playgroup Excursion to Mill Park Prep to Grade 2</td>
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<td>26th May</td>
<td>27th May</td>
<td>28th May</td>
<td>29th May Family Time Cross Country</td>
<td>30th May</td>
<td>31st May Playgroup Sport at home</td>
<td>1st June</td>
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<td>2nd June</td>
<td>3rd June</td>
<td>4th June</td>
<td>5th June Family Time Excursion 3/4 Lego World</td>
<td>6th June Extend OSHC Parent Information 7:00pm</td>
<td>7th June Playgroup Prep to 2 excursion to the Melbourne Zoo Sport away</td>
<td>8th June</td>
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<td>9th June</td>
<td>10th June Public Holiday Queen’s Birthday</td>
<td>11th June</td>
<td>12th June Family Time</td>
<td>13th June</td>
<td>14th June Playgroup</td>
<td>15th June</td>
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<td>16th June</td>
<td>17th June</td>
<td>18th June</td>
<td>19th June Family Time</td>
<td>20th June</td>
<td>21st June Playgroup Sport at home</td>
<td>22nd June</td>
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<td>23rd June</td>
<td>24th June</td>
<td>25th June</td>
<td>26th June Family Time</td>
<td>27th June</td>
<td>28th June Playgroup Last day of Term 2 finishing at 2:15pm</td>
<td>29th June</td>
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